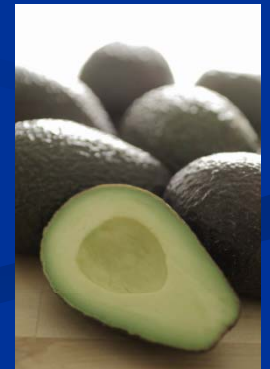




Healthy Eating



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Healthy or Not Healthy?

Bell Peppers



YES

NO

Good Try!

- Bell peppers are definitely a healthy food to eat. They are in the vegetable food group!
- Keep trying!

Try again!

Hooray!

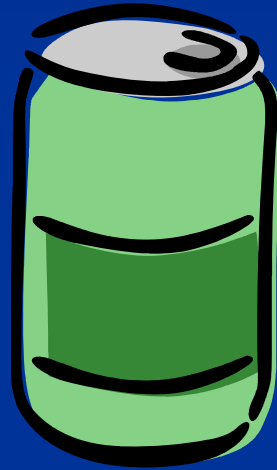
- Bell peppers are a healthy food and are in the vegetable food group!



[Click to continue!](#)

Healthy or Not Healthy?

■ Soda



YES

NO

Good Try!

- Most sodas have tons of sugar in them. Too much sugar is not healthy for you. Many sodas contain caffeine too.
- Choose water, milk, or fruit juice instead.



Try again!

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Hooray!

- Soda is a sugary drink. What are some other drinks you could choose instead of soda?



Great Work!